

... NATURE ...

ČUTKOVSKÁ VALLEY

Location: Žilinský kraj, Ružomberok
GPS: N49°04'50" E19°15'18"
Web: <http://www.ruzomberok.sk/nav/okolie/zaujimave-lokality/cutkovska-dolina>
One of the most beautiful valleys of the Great Fatra, which offers an easy walk (suitable for children). It is possible to experience here a traditional Slovak cuisine in Slovak restaurant with animals and fish pond. 2,5km away from us.

HRABOVSKÁ VALLEY

Location: Žilinský kraj, Ružomberok
GPS: N 49°04'12" E 19°16'21"
Web: <http://visitliptov.sk/sk/clnkovanie-hrabovska-priehrada>

A hike to Hrabovska valley offers you nice view of Hrabovo water dam as well as light hiking trip to Malino Brdo. You can also use a cableway to get to Malino Brdo where you will have chance to enjoy beautiful views of Mala Fatra, Velka Fatra, Choc Mountains, High and Low Tatras. 3,5km away from us.

LÚČKY WATERFALL

Location: Žilinský kraj, Lúčky
GPS: N49°7'48" E19°24'12"
Web: <http://slovakia.travel/en/lucky-waterfall>
This waterfall is a real curiosity because it is situated in the middle of the village. It is a 12m high cascade waterfall, which falls into a small lake from the edge of the travertine terrace. The Lúčanka or Teplianka creeks themselves are not very interesting, but their tributary streams are gypsum and earthy warm-water streams, which enhance the decoration of the waterfall by flowing over the travertine terraces from which the waterfall flows down.

LIPTOVSKÁ MARA

Location: Žilinský kraj, Galovany
GPS: N49°6'15" E19°31'27"
Web: www.liptovskamara.sk

A man made water dam, which is a part of the river Váh cascade system. In the past, 13 villages were flooded in its creation what makes its size breathtaking. During the summer you can relax here, swim or do some fishing. For those who are active and curious there is a possibility of lake cruise tour, boating, surfing or jet skiing.

DEMÁNOVSKÁ CAVE OF FREEDOM

Location: Žilinský kraj, Demänovská Dolina
GPS: N48°59'55" E19°35'9"
Web: www.ssj.sk
The most visited cave in Slovakia situated in Demänovská Valley on north side of Low Tatras, in the national nature reserve Demänovská Valley. The cave length is more than 8126m out of which 1800m is accessible to visitors. You can choose between traditional and long visit tour.

DEMÁNOVSKÁ ICE CAVE

Location: Žilinský kraj, Demänovská Dolina
GPS: N49°00'59" E19°34'50"
Web: www.ssj.sk

It is situated only 2km from Demänovská cave of Freedom. Bones of various animals which were once considered as dragon bones were found there - that's why the second name of Demänovska Ice Cave was the Dragon's Cave.

... HISTORY ...

THE WOODEN CHURCH IN SVÄTÝ KRÍŽ

Location: Žilinský kraj, Svätý Kríž
GPS: N49°3'6" E19°32'9"
Web: www.mikulas.travel
The wooden articulated Evangelical church near the village Svätý Kríž is one of the largest wooden buildings in the Central Europe. The church has a capacity of 6000 visitors who might get impressed by the wooden baroque furnishing which creates unusual emotional effect in incident light.

VLKOLÍNEC

Location: Žilinský kraj, Ružomberok
GPS: N49°2'20" E19°16'41"
Web: www.vlkolinec.sk

Vlkolíneč is a monument reserve of folk architecture that was included in the UNESCO World Heritage List in 1993 and it lies in the walking distance from Penzión Emília. Its unique compound of original folk buildings remained untouched by modern construction. The settlement was first mentioned in 1376 and 6 of 55 houses are still inhabited by 19 permanent residents.

MUSEUM OF LIPTOV VILLAGE PRIBYLINA

Location: Žilinský kraj, Pribylina
GPS: N49°6'28" E19°48'10"
Web: www.liptovskemuzeum.sk
Museum of Liptov Village is the most attractive landmark of the Liptov region. It displays the typical folk architecture. The impetus behind the establishing of the museum was the extensive flooding caused by the construction of the Liptovská Mara dam. The museum also has a zoo that concentrates on farm animals and poultry including horse breeding where horse riding is possible.

HAVRÁNOK

Location: Žilinský kraj, Liptovská Sielnica
GPS: N49°6'14" E19°28'51"
Web: www.liptovskemuzeum.sk

Havránok is situated next to the dam Liptovská Mara and it is one of the most important archaeological sites in Slovakia. It demonstrates the presence of Celts in region Liptov in the period between the 4th and 1st century BC. Archaeologists discovered here the remnants of a settlement from the Upper Iron Age referred to as the La Tene period.

ORAVA CASTLE

Location: Žilinský kraj, Oravský Podzámok
GPS: N49°15'43" E19°21'31"
Web: www.oravskemuzeum.sk
The most attractive tourist locality of the northern Slovakia is the Orava Castle lying on the river Orava near the village Oravský Podzámok, below impressive cliffs. The castle stands on the site of old wooden forts and it was constructed after the Tartar invasion in 1241. Originally, it was built in the Romanesque and Gothic styles.

MUSEUM OF THE ORAVA VILLAGE

Location: Žilinský kraj, Zuberec
GPS: N49°15'41" E19°39'41"
Web: www.muzeum.zuberec.sk

Three kilometres away from Zuberec, in Brestová, a unique open-air Museum of the Orava Village can be visited. Over the area of about 20 hectares, and on both sides of the crystal clean Studený potok brook, is a village consisting of typical folk buildings moved here from various regions of Orava.

... FUN ...

HABAKUKY

Location: Banskobystrický kraj, Donovaly
GPS: N48°52'45" E19°13'56"
Web: www.habakuky.eu
Visiting this fairy village will put you right into the original atmosphere of Slovak fairy tales. Heroes of folk stories will take care of authentic experience for the whole family.

TARZANIA

Location: Žilinský kraj, Ružomberok
GPS: N49°4'12,6" E19°16'23,2"
Web: <http://www.tarzania.sk/hrabovo.html>
Tarzania is a high rope park which challenges you with many obstacles at the height of 4 to 7m and the length of 295m. For those who find it too challenging, there is an option of medium and child tracks. You can find here different difficulty types of paths.

BOB SLEDGE ŽIARCE

Location: Žilinský kraj, Žiarce
GPS: N49°1'45" E19°33'49"
Web: www.ziarce.sk
The mountain summer bobsled track, which is the first of its kind in Slovakia, is situated 5km from the town of Liptovský Mikuláš in Demänovská Valley, in the village of Pavčina Lehota. It is 1000m long and its superelevation is 120m. The track has 16 curves and 6 terrain waves. The speed of bobsleds is up to 45km per hour and each is equipped with three brakes, which are independent of each other, therefore a crew can choose an optimal speed and style of their ride.

SUPERFLY

Lokalita: Žilinský kraj, Liptovský Mikuláš
GPS: N49°6'20" E19°34'24,51"
Web: www.superfly.sk
Superfly Tatralandia is a unique adrenaline attraction. It simulates freefall, which you can experience as in jump from an airplane or cliff, but without the sense of fear and discomfort of altitude. It consists of a unique wind tunnel with a circular glass flight chamber. It has a diameter of 4,3m and an overall height of an unbelievable 14m. You can feel what it's like when the wind blows at a speed of over 270km/h.

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...TIPS FOR TRIPS...

... SWIMMING ...

GINO PARADISE BEŠEŇOVÁ

Location: Žilinský kraj, Bešeňová

GPS: N49°6'3" E19°26'42"

Web: www.ginoparadise.sk

This water park, which is located in beautiful setting of the Choč Mountains, can boast with a wide variety of three indoor and thirteen outdoor pools, nine outdoor water slides, a number of children's slides and hot tubs. Relaxation and entertainment for the whole family are provided all year long.

TATRALANDIA

Location: Žilinský kraj, Liptovský Mikuláš

GPS: N49°6'17" E19°34'15"

Web: www.tatralandia.sk

Tatralandia Holiday Resort is the largest year-round water facility for fun and relaxation in Slovakia, Czech Republic and Poland. It is situated in the breath-taking mountain scenery at the North bank of the Liptovská Mara dam offering views of the West and Low Tatras.

THERMAL SWIMMING POOL LIPTOVSKÝ JÁN

Location: Žilinský kraj, Liptovský Ján

GPS: N49°2'19" E19°40'25"

Web: www.sorea.sk/maj

The thermal water of the indoor and outdoor pools in the spa comes from the Rudolf spring. The water has healing attributes for rheumatic diseases, gynaecological diseases, skin problems and musculoskeletal diseases. In the area of the spa you'll also find a swimming pool, a relaxation pool, a pool for kids and a pool with a fountain.

AQUA VITAL LÚČKY

Location: Žilinský kraj, Lúčky

GPS: N49°7'56" E19°23'52"

Web: www.kupele-lucky.sk

AQUA-VITAL Park has an outdoor recreational pool with water temperature of 28–33°C with various attractions for example air deckchairs, counter stream, water goblet, under surface lighting, massage jets and water spouts. Outdoor sitting pool with healing mineral water with temperature 36–38°C offers relax and relief. There is also an indoor mineral pool split in two with healing water with temperature 33°C and 35°C.

... SKIING ...

SKIPARK MALINŮ BRDO

Location: Žilinský kraj, Ružomberok

GPS: N49°6'28" E19°48'10"

Web: www.skipark.sk

Total trail length is 12km. The longest trail which is 3,900m is also the longest artificial snow piste in Slovakia. There are 6 cableways and 2 chair-lifts, with total capacity of 8500 people per hour. Parents with children have an opportunity to use a ski-school for children or children ski-lift which are situated in the ski resort.

PARK SNOW DONOVALY

Location: Banskobystrický kraj, Donovaly

GPS: N48°52'48" E19°13'21"

Web: www.parksnow.sk

The ski resort is situated in the region of Nízke Tatry, Veľká Fatra. Total trail length is 11km out of which 7,4km can be artificially snowed. At PARK SNOW Donovaly there are 2 cableways and 14 chair-lifts, with total capacity of 14,100 people per hour. Parents with children have an opportunity to use ski-school for children as well as ski-lift for children, which are situated within the ski resort.

SKI PARK KUBÍNSKA HOĽA

Location: Žilinský kraj, Dolný Kubín

GPS: N49°16'33" E19°16'56"

Web: www.kubinska.sk

The ski resort of Kubínska hoľa is situated in the region of Orava/Oravská Magura. Total trail length is 14km. At Kubínska hoľa there are 8 ski-lifts and 2 cableways, with total capacity of 9000 people per hour. The novelties of the resort are the KIDS PARK with animators, the Snowboard Park with a ski-lift and the Free-ride zone for the extreme sports fans.

JASNÁ NÍZKE TATRY

Location: Žilinský kraj, Demänovská Dolina

GPS: N48°58'20" E19°35'54"

Web: www.jasna.sk

The largest ski arena in Slovakia offers endless opportunities for activities, entertainment and active relax with 45km of pistes on the northern and southern side of Chopok. The resort has gained the best rating of five stars in the official five point scale for categorization of resorts by the Association of the Slovak Cable Cars and Lifts (Lavex): TOP resort *****.

WINTERPARK MARTINSKÉ HOLE

Location: Žilinský kraj, Martin

GPS: N49°9'29" E18°83'47"

Web: www.martinskehole.eu

Resort is situated in Mala Fatra and it is well known by its perfect ski slopes, beautiful nature, views of the mountains and the town Martin. The resort has ski slopes of different difficulty and it also has a Snowboard Park, which is situated at the ski lift Javorina in the elevation from 1365 till 1456m.

VYSOKÉ TATRY ŠTRBSKÉ PLESO

Location: Prešovský kraj, Poprad

GPS: N49°11'97" E20°06'48"

Web: www.vt.sk

The highest located settlement in the Tatras - Štrbské Pleso offers 9 kilometres of easy to medium difficulty ski tracks on the southern slopes of Mt. Predné Solisko, which are popular for families but also experienced skiers. There are ski and snowboard rentals, ski-services and ski schools for beginners in the area too.

... EATING ...

PENZIÓN GEJDÁK

Location: Žilinský kraj, Ružomberok

GPS: N49°03'32" E19°17'26"

Web: www.penziongejdak.sk

A restaurant situated in beautiful nature with amazing view which offers traditional Slovak food in original atmosphere. If you are interested in horse riding, you are in the right place.

SALAŠ KRAJINKA

Location: Žilinský kraj, Ružomberok

GPS: N49°06'25" E19°13'55"

Web: www.salaskrajinka.sk

Salaš Krajinka is an original shepherd shed in the picturesque surroundings of the beautiful Liptov countryside. You can feel this unique atmosphere of old shepherds because you can see up close the sheep farming, their grazing, milking and milk processing in a manual way. You have a chance to taste the specialties made of own cheese and milk production. The restaurant has a large glass wall so you can watch the sheep and lambs while you enjoy your meal.

RESTAURANT KOZÍVRŠOK

Location: Žilinský kraj, Ružomberok

GPS: N49°05'37" E19°25'12"

Web: www.kozivrsok.sk

This restaurant offers unique gastronomic experience. You can enjoy here not only their own aged cheeses named „KozíVrsok“ but also homemade yoghurts or homemade specialties of the chef. The Restaurant also offers an „all you can eat“ buffet.

KOLIBA U DOBRÉHO PASTIERA

Location: Žilinský kraj, Ružomberok

GPS: N49°04'55" E19°15'19"

Web: www.kolibaupastiera.sk

The restaurant is placed in beautiful Čutkovská Valley in the heart of Slovakia - Liptov. Behind the classic picturesque windows, a stone fireplace in the restaurant offers a feeling of heat and warmth of a family and its fire completes a unique atmosphere of traditional Slovak cuisine and original delicacies of our grandmothers.

RESTAURANT „UTALIANA“

Location: Žilinský kraj, Ružomberok

GPS: N49°04'51" E19°18'17"

Web: www.italiana.sk

If you are one of the „pizza lovers“ you cannot miss this original Italian pizza restaurant in our town. As the owner and main chef of the restaurant is Italian, pizza and pasta here are a real „Italian experience“.

CHOCOLATERIE PASSÉ

Location: Žilinský kraj, Ružomberok

GPS: N49°04'58" E19°18'12"

Web: www.passe.sk

Chocolaterie and Cafeteria Passé is situated in the pedestrian zone of the city centre. You can taste few kinds of hot chocolate, coffee and tea in the cosy and comfortable modern interior or you can also buy sweets and presents, which were made and packed right in the chocolaterie from the high quality chocolate.

PENZION EMILIA

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